

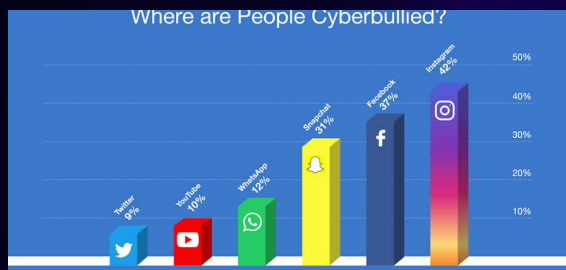
The Effects of Social Media and Suicidal/Depressed Teens

What is Social Media?



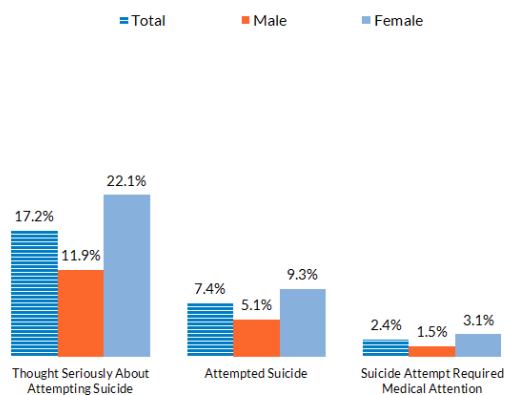
Social media is interactive computer-mediated technologies that are the creation/sharing of information, ideas, and forms of expressions

The Statistics



42% are bullied on Instagram, 37% on Facebook, 31% on Snapchat, 12% on WhatsApp, 10% on Youtube, 9% on Twitter

Percentage of Students in Grades 9-12 Who Report They Thought Seriously About Attempting Suicide, Attempted Suicide, and Their Suicide Attempts Required Medical Attention,¹ by Gender: 2017



¹ In the last 12 months.
Source: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention. (2018). High school Youth Risk Behavior Surveillance System [data tool]. Retrieved from <https://nccd.cdc.gov/youthonline/App/Default.aspx>.

childtrends.org

What is suicide/depression?

Depression is a mental illness that negatively affect How the person feels, the way you act and how you act. Suicide is the act of killing oneself, most often Is a result of depression, bullying, or other mental illnesses.

What is Cyberbullying?



Cyberbullying is bullying that takes place over digital devices like cell phones, computers, apps etc.

My Twitter Watch

After watching Twitter and the #preventsuicide for 5 days really showed how people turn to social media to even help themselves. After reading about a college student who pushed herself too much and she eventually killed herself. Also, Utah is the 5th highest rank in the United States with teen suicide. If you are a parent who is seeing signs in your child of depression or maybe if they are showing suicidal expressions, talk to them and see if you can help them through it.

Percentage of Students Grades 9-12 about Suicide

Thought seriously about attempting suicide: 11.9% males and 22.1% females

Attempted suicide: 5.1% males and 9.3% females

Suicide attempt required medical attention: 1.5% males and 3.1% females

References:

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<https://www.youtube.com/watch?v=S8wu4ZcDMlg>

<https://www.broadbandsearch.net/blog/cyber-bullying-statistics>

<https://www.childtrends.org/indicators/suicidal-teens>